



## Health Protocol Reminders

The following protocols are **MANDATORY** due to the “*Orange*” Regional Matrix classification.

### **Daily Student Screener**

Parents will complete the Daily Student Health Screener for any In-Person student. A student may not enter the building unless the screener is completed. The screener will ask questions regarding the student’s state of health for that morning, any recent COVID-19 exposures in the household or over the past 14 days, and any out of state/country travel. If the student fails the screener, please keep the student home and contact the student’s teacher and school nurse.

### **Symptoms (MANDATORY IN *ORANGE* LEVEL)**

If your child is exhibiting any of the COVID-19 symptoms on the morning of school, please keep the child home and report the information to the school nurse.

Students with COVID-19 symptoms are to remain home until one of these two conditions are met:

1. At least 10 calendar days have passed since symptom onset
2. They have a negative COVID-19 PCR test. Rapid tests may no longer be used.

**\*Note: an alternative diagnosis will no longer be accepted for a return to school\***

\* A student that presents with any ONE symptom of COVID-19 during school hours will be sent home with the Contagion Free Medical Form for the child's pediatrician to fill out after evaluating the child.

### **Siblings (MANDATORY IN ORANGE LEVEL)**

If a student remains home because he/she is experiencing COVID-19 symptoms, any siblings must also remain home until a negative COVID-19 test is confirmed for the symptomatic sibling. The same goes for any other member of the house who may be exhibiting symptoms.

In other words, if ANYONE in the house has COVID-19 symptoms, all Hackensack students who live in that house should move to remote learning until a negative PCR test is confirmed for the symptomatic family member.

### **Close Contact Outside of School (MANDATORY IN ORANGE LEVEL)**

If your child has been determined to be a close contact (within 6 feet for 15 cumulative minutes over a 24-hour period) of someone diagnosed with COVID-19, please keep your child home and notify your child's principal and school nurse.

### **Close Contact Inside of School (MANDATORY IN ORANGE LEVEL)**

If your child has been determined to be a close contact (within 6 feet for 15 cumulative minutes over a 24-hour period) of someone diagnosed with COVID-19 or with COVID-19 comparable symptoms. You will receive a phone call to pick up your child **immediately** from school and they will be excluded until a negative PCR test is confirmed of the symptomatic person or complete a 14-day quarantine.

### **COVID-19 Tests (MANDATORY IN ORANGE LEVEL)**

If your child goes for a COVID-19 test, whether because of symptoms or not, please share that information directly with both your child's school nurse and the building principal. Students cannot return to school until the negative PCR test result is confirmed. **Please send the test results directly to your school nurse.**

### **Positive COVID-19 Result (MANDATORY IN ORANGE LEVEL)**

If a student/staff member tests positive for COVID-19 they are to isolate for 10 days. If after 10 days they are still experiencing symptoms and not back to

their normal baseline health status, they will not be allowed back into the building until they are symptom free and fever free without medication for 24 hours.

All positive COVID-19 cases must be reported to the school nurse in a timely manner so that it can be reported to the Hackensack Department of Health. If the district is fully remote, cases **still** need to be reported. **Please send a copy of the student's positive test result to your school nurse to determine waived school days and date of return to school.**

Negative test results are also not required for an individual who has tested positive for COVID-19. Once quarantine requirements are met and a reentry date is established with the nurse per individual, they will be allowed to reenter the building.

### **Travel Guidelines**

New Jersey strongly discourages all non-essential interstate travel at this time.

Travelers and residents returning from any U.S. state or territory beyond the immediate region (New York, Connecticut, Pennsylvania, and Delaware) should self-quarantine for 14 days, as well as International travel.

Before traveling, please contact the school nurse and school administrator to advise of upcoming travel dates. The school nurse will review with you recommended quarantine time frame and upon return the student will be virtual until the quarantine period is completed and given that they do not develop any symptoms.

Parents/guardians may email parent/doctor sick notes, COVID-19 Test results, and health documents directly to the school nurse. Please reach out to your school nurse if you have any questions or concerns.

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