Dear Prospective Cheerleaders and Parents,

The 2014 Cheerleading tryouts are here! This letter is being written to emphasize the importance of the commitment that goes along with becoming a cheerleader at Hackensack High School. This program is about a lot more than just competing, winning, and even cheering at games. As a cheerleader, you are expected to be the standard that other students measure by. In past years we have had to dismiss students from cheerleading because of behavior, grades, and lack of commitment. It had nothing to do with their cheerleading skills, but their citizenship and commitment.

Please read carefully the cheerleading rules of conduct and performance regarding expectations for cheerleaders. Any violation of the rules while enrolled at Hackensack High School can result in dismissal from Cheerleading or from making a squad at try-outs.

A JV cheerleader may need to be pulled up to Varsity in case of injuries or dismissals.

Please understand that seniority does not decide who goes up. We move up team members according to ability needed (tumblers and/or flyers) are an example.

Being a Cheerleader at Hackensack is a commitment of time, talent and money. If you have cheered at Hackensack before, don’t take for granted that you will make one of the teams for the next year. You still have to work to improve. We will do what we can to defray the costs, but everyone has to participate in our fundraisers.....that’s part of the commitment factor. During football and basketball season you will cheer 1 game a week and have tumbling classes and cheer practices.

Our program is truly supported by the commitment of our parents and we are always looking for new parents to become involved. As a result, we are implementing a required $100 “volunteer fee”. When you have fulfilled your volunteer requirements, the check will be returned to you. In the event that you do not volunteer, the check will be deposited into the cheer account. Please note, there will be plenty of opportunities for parents to volunteer.

Cheerleading can be the most rewarding experience of your life. It teaches you to balance your time, work with a team, work with team captains, discipline yourself, learn new skills, perfect your skills, and be an ambassador for your school. These are admirable traits, and if you are willing to commit, we want you on the Hackensack cheerleading teams!

With Comet Pride,

Cheerleading Coaching Staff at HHS

**HHS Cheerleading**

**Parent Release Form**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade 14-15: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I, the under signed, have read and fully understand the rules and regulations which will govern my son/daughter if he/she is chosen to represent Hackensack High School as a cheerleader. I further understand that this is an extra-curricular activity and that attendance at all practices, games, special functions, and summer camp is a **requirement** of the elected cheerleader. Participation is a privilege that is earned.

I hereby give my consent to my son/daughter, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, to try out for cheerleader at Hackensack High School and recognize his/her responsibilities and requirements as leader of his/her school. I understand that, if chosen, my son/daughter will be required to pay for cheerleader camp and incidentals.

Parent signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

All phone #s:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If I am elected as a cheerleader at Hackensack High School, I shall fulfill all of the requirements to the best of my ability as set forth in the Cheerleader Policies. I have read these policies and understand that if I fail to maintain these rules, I will be removed from the team.

Candidate’s signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cell #\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Seasons desired: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*\*Please note that ALL communication with parents will be through email. Make sure that your email is written clearly and is correct. Otherwise, you will miss important information.\*\*

**THIS PERMISSION SLIP IS REQUIRED FOR EACH CANDIDATE TO TRY OUT. IT IS DUE BY MAY 12TH.**

COSTS TO EACH CHEERLEADER

10 Week Summer Program - $225 **BOTH BLUE AND GOLD TEAMS**

**(includes 2 practice shirts and practice bow)**

Practice and Tumbling Instruction **BOTH BLUE AND GOLD TEAMS**

$40 x 6 months = $240

Briefs **BOTH BLUE AND GOLD TEAMS**

$22

Cheer Sneakers – Nifiniti Sneakers **BOTH BLUE AND GOLD TEAMS**

$50-$89

Football Warm Up - $130 **BOTH BLUE AND GOLD TEAMS**

Competition Bow - $10 **BOTH BLUE AND GOLD TEAMS**

Football Bow - $10 **BOTH BLUE AND GOLD TEAMS**

Ear Warmer - $12 **BOTH BLUE AND GOLD TEAMS**

Cheer Backpack - $32 **BOTH BLUE AND GOLD TEAMS**

**(optional)**

Gold Competition Tops - $112 **NEW GOLD MEMBERS**

Travel Costs – Nationals - TBD **GOLD TEAM**

PLEASE BE ADVISED THAT GOLD WILL BE TRAVELING THIS YEAR. WE HAVE YET TO FIGURE OUT TOTAL COST FOR TRAVEL. WE WILL TRY OUR BEST TO REDUCE THE COSTS AS MUCH AS POSSIBLE BUT THERE WILL BE A TRAVEL COST ADDED TO THE COST SHEET AT SOME POINT.